



## Cheshire Cricket Board – Winter Pathway Diary 2026

Name

Cheshire Cricket Board Coaching Courses have been designed to develop your cricket skills in a FUN, safe and challenging environment.

The player diary can be used to record some of your learnings from the course including areas that have gone particularly well and aspects of the game that you want to improve.

The coaches will assign certain net sessions during the course to support this feedback but the template below should be used to record any verbal feedback you receive that has been helpful to the development of your game. *You can print out as many times as necessary in order to make additional notes.*

**My Strengths** – Which part of my game do I feel are strong going into the course?

**Areas to improve** – Which areas of my game would I like to improve?

**Benchmarking Scores**

Task (write in the activity below)	Scores

**My reflections** – Use this box to record what may have gone well or any areas you may feel you’d like to improve...



# Batting



Course Outcomes → Score runs in singles → Score runs in boundaries → Run between the wickets & call effectively



**Feedback** – record any coaching points you’ve found useful each week. This can be technical, tactical, mental or physical.



# Bowling



Pace bowling Outcomes → Ability to 'hit the stumps' → Develop a consistent stock ball → Can bowl to attack and defend

Spin bowling Outcomes → Ability to spin the ball → Proficient against right/left handers → Understands/uses angles on crease



**Feedback** – record any coaching points you've found useful each week. This can be technical, tactical, mental or physical



# Fielding



Course Outcomes ➡ Adopts a dynamic 'ready position' ➡ Strong/safe throwing technique ➡ Confident and consistent catcher



**Feedback** – record any coaching points you've found useful each week. This can be technical, tactical, mental or physical



# Wicketkeeping



Course Outcomes → Takes catches and stumpings 'standing up' → Moves, dives and catches effectively 'stood back'

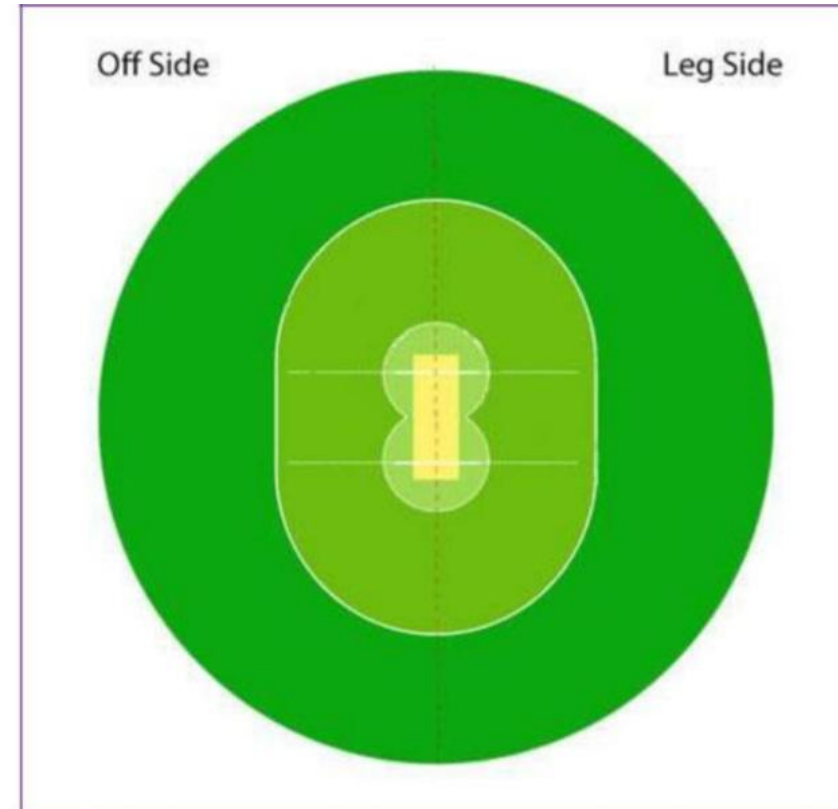


**Feedback** – record any coaching points you've found useful each week. This can be technical, tactical, mental or physical



## Field Setting

The coaches will discuss the principles of attacking and defensive fields, which will encourage you to take some responsibility for field placing in your matches this summer. You can print the above as many times as you like, don't forget right and left handers.





## Coaches Comments



We'd encourage you to fill in your diary each week and share your feedback and what you've learnt throughout the course with family members and club coaches.