



CCB WINTER PLAYER PATHWAY: PLAYER DIARY 2024/25

NAME:

The Excellence Coaching Course has been designed to develop your cricket skills in a FUN, safe and challenging environment.

The player diary can be used to record some of your learnings from the course including areas that have gone particularly well and aspects of the game that you want to improve.

The coaches will assign certain net sessions during the course to support this feedback but the template below should be used to record any verbal feedback you receive that has been helpful to the development of your game. *You can print out as many times as necessary in order to make additional notes.*

STRENGTHS. *Use this section to record things that went well during last season. Which parts of your game do you feel are strong going into the course?*

AREAS TO IMPROVE. *Use this section to record parts of your game that you would like to improve. This could be across technical, tactical, physical or mental side of the game.*



STRENGTHS. *In the next few boxes you can record any verbal coaching points you have found helpful or any of your own learnings during each week. Physical, Tactical and Mental parts cross over into all parts of the game but you can record any specific points in the box provided.*

BATTING

BOWLING/WICKET-KEEPING

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FIELDING

PHYSICAL/MENTAL/TACTICAL

<i>COACHES COMMENTS:</i>	