

CHANGING ROOMS POLICY

CHANGING ROOMS AND SHOWERS ARE AREAS OF INCREASED RISK.

SHOWER AND CHANGE AT HOME WHERE POSSIBLE.

DO	DON'T
MINIMISE THE TIME YOU SPEND IN HERE – GET CHANGED AND GET BACK OUT	EXCEED THE MAXIMUM SAFE CAPACITY OF ___ PERSONS
KEEP THE CHANGING ROOM TIDY – KEEP ALL YOUR KIT IN YOUR BAG AND KEEP IT CLOSED	USE CHANGING ROOMS FOR LONG PERIODS OF TIME
ONLY USE THE SHOWERS IF THEY ARE OPEN	USE THE CHANGING ROOM FOR SHELTER DURING RAIN DELAYS
USE THE HAND SANITISER PROVIDED	USE THE CHANGING ROOMS WHEN WAITING TO BAT